



Domestic Violence Awareness Month Book List

From the Domestic Violence Center of Chester County (DVCCC)

Did you know that in 1987 October was declared Domestic Violence Awareness Month? Did you also know that 1 in 3 women, 1 in 4 men, and 1 in 3 teens experience abuse in a relationship? DVCCC worked to develop this book list that can provide accounts – both fictional and nonfictional – and information about abuse in relationships and families to help raise awareness during this time.

**CONTENT WARNING – Most of the books on this list, due to the nature of the issue of Domestic Violence, may depict graphic accounts of violence: verbal, emotional, sexual/physical abuse, and some may have explicit language and even discussion of homicide. **

Nonfiction

Angry Men and the Women Who Love Them: Breaking the Cycle of Physical and Emotional Abuse by Paul Hegstrom

A Teenager's Journey: Overcoming a Childhood of Abuse by Richard B. Peizer

A Woman's Field Manual and Survival Guide for Leaving the Abusive Spouse by S.A. Wolfe

Coping with Family Violence by Morton L. Kurland

Quando el Monstruo Despierta: Confesiones de Padres de Adolescentes by Maria Antonieta Collins

Dangerous Relationships: How to Identify and Respond to the Seven Warning Signs of a Troubled Relationship by Noelle C. Nelson

Emotional Blackmail: When the People in Your Life Use Fear, Obligation, and Guilt to Manipulate You by Susan Forward

Family & Friends' Guide to Domestic Violence: How to Listen, Talk, and Take Action When Someone You Care About is Being Abused by Elaine Weiss

Finding Your Voice: A Path to Healing for Survivors of Abuse by Mannette Morgan

Invisible Scars: How to Stop, Change, or End Psychological Abuse by Catharine Dowda

No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us by Rachel Louise Snyder

The Verbally Abusive Relationship: How to Recognize It and How to Respond by Patricia Evans

To Be an Anchor in the Storm: A Guide for Families and Friends of Abused Women by Susan Brewster



Trauma and Recovery: The Aftermath of Violence – from Domestic Abuse to Political Terror by Judith Lewis Herman

Violent Partners: a Breakthrough Plan for Ending the Cycle of Abuse by Linda G. Mills

When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse by Lundy Bancroft

Why Does He Do That?: Inside the Minds of Angry and Controlling Men by Lundy Bancroft

Women with Controlling Partners: Taking Back Your Life from a Manipulative or Abusive Partner by Carol A. Lambert

Memoir

Crazy Love: A Memoir by Leslie Morgan Steiner

Educated by Tara Westover

Goodbye, Sweet Girl: A Story of Domestic Violence and Survival by Kelly Sundberg

Hiding from Reality: My Story of Love, Loss, and Finding the Courage Within by Taylor Armstrong

If I Am Missing or Dead: A Sister's Story of Love, Murder, and Liberation by Janine Latus

In the Dream House: A Memoir by Carmen Maria Machado

It Could Happen to Anyone: Why Battered Women Stay by Alyce D. LaViolette and Ola W. Barnett

Scared Silent: The Mildred Muhammad Story: A Memoir by Mildred Muhammad

Some Bright Morning, I'll Fly Away: A Memoir by Alice Anderson

Surviving Domestic Violence: Voices of Women Who Broke Free by Elaine Weiss

Fiction

A Woman is No Man by Etaf Rum

An Early Frost (and it's prequel novel, *October Snow*) by Jenna Brooks

Behind Closed Doors by B.A. Paris

Big Little Lies by Liane Moriarty

Bitter End by Jennifer Brown

Black and Blue by Anna Quindlen

Blood Family by Anne Fine



Center of Gravity by Laura McNeill
City of the Lost by Kelley Armstrong
Crows Over a Wheatfield by Paula Sharp
Dance Upon the Air by Nora Roberts
Dear Wife by Kimberly Belle
Eleanor & Park by Rainbow Rowell
Enchanted Afternoon by Susan Wiggs
False Diamond by Veronica Heley
Girl on the Train by Paula Hawkins
Grace is Gone by Emily Elgar
Hush Little Baby by Suzanne Redfearn
Into the Darkest Corner by Elizabeth Haynes
It Ends with Us by Colleen Hoover
Just After Midnight by Catherine Ryan Hyde
Just Between Us by Rebecca Drake
My Blue Suede Shoes by Tracy Price-Thompson and Taressa Stovall
Never Let You Go by Chevy Stevens
Normal People by Sally Rooney
Nowhere to Turn by Lynette Easton
Picture Perfect by Jodi Picoult
Purple Hibiscus by Chimamanda Ngozi Adichie
Safe Haven by Nicholas Sparks
Secrets of Eden by Chris Bohjalian
Spencerville by Nelson DeMille
Split by Swati Avasthi
Still Life with Tornado by A.S. King
Strange Fits of Passion by Anita Shreve
The Chosen One by Carol Lynch Williams



The Color Purple by Alice Walker
The End of Always by Randi Davenport
The Great Alone by Kristin Hannah
The Keeper by Jessica Moor
The Last to Let Go by Amber Smith
The Letter by Kathryn Hughes
The Lullaby Sky by Carolyn Brown
The Mill River Recluse by Darcie Chan
The Sky is Mine by Amy Beashel
The Woman in the Lake by Nicola Cornick
The Woman Who Walked Into Doors by Roddy Doyle
This Charming Man by Marian Keyes
Tidelands by Philippa Gregory
What You Wish For by Fern Michaels
Where the Crawdads Sing by Delia Owens
White Bodies by Jane Robins
Wings of Glass by Gina Holmes